

# Specialist Dementia Care



We offer high quality Dementia and Mental Health care services and offer choice to ensure everyone gets the care that is just right for them and their family. We can offer care in our residential homes or in an individual's own home through our domiciliary company, as well as free training for family carers through our award-winning Teaching Care Centre.

We have a holistic approach to care with a strong emphasis on enablement and independence, treating people with respect in a safe, caring environment. We have excellent staffing levels so our clients can have personal support to achieve their goals.

Our highly qualified and experienced team of nurses and care practitioners are chosen for their caring understanding nature, empathy and cheerfulness. They are trained to a high level by our award-winning Teaching Care Centre and are able to care for people with complex mental health conditions and challenging behaviour. They develop and deliver person-centred plans to help people live fulfilled lives.

Activities and therapies are an important part of life and we use a wide range including art, pet, music, colour and laughter therapies as part of our therapeutic community.

Safe outdoor space, vegetable gardens and a multi-sensory garden also add to quality of life for our residents. Our separate day care unit has a drop-in facility and we have dedicated respite rooms and staff who are specifically trained in delivering person-centred care and understanding the needs of those who come to us for short periods of time.

Both Cae Bryn and Bodlondeb are purpose built to cater for people with a range of mental health care needs. They are well designed in a beautiful tranquil setting surrounded by gardens and countryside.



Bodlondeb has individually staffed eight bed units to recognise a range of complex needs, ages and genders to create a family feel. Each unit has a number of lounges and areas for relaxation, stimulation and communal life. It is designed around central and roof top gardens to ensure freedom with safety and uses innovative technology throughout such as lighting and projection of images.

Our very active Family Support Group helps families who wish to share their experiences and as a Centre of Excellence we hold training and update sessions on mental health for professionals and families.

